Purpose: Learn to explore nature at home. Use your creative skills and imagination to make an art piece from natural materials

Location: At home

Duration: As long as you want

Level of Experience: None required

Materials: Card, paint, scissors, glue, paper plates, toilet roll inserts and your natural materials

Steps to Making your Art:

1) Decide what you want to do. If you need help here you can use the art ideas sheet
2) In your head create a vision of your finished art piece
3) Take care when collecting your natural materials – if possible use fallen leaves or twigs, don’t disturb the wildlife, and if you must pick flowers, take only a few
4) Take your time
5) Ask an adult if you need help with using the scissors
6) Show your art to your friends and keep it in a safe place
7) Enjoy the experience